

Attention Pharmacies and Prescribers

Benzodiazepine Rules Change for New Starts – August 17, 2020

Beginning August 17, 2020, Idaho Medicaid participants who have not received benzodiazepines within the previous 6 months will be limited to a 14 day supply. This recommendation was made by the Idaho Medicaid Pharmacy & Therapeutics Committee because of their risk in the elderly population, tendency for dependence, and potential for substance abuse. Benzodiazepines can be effective for rapidly controlling symptoms associated with anxiety and insomnia.

Cognitive behavioral therapy, psychotherapy and medications from the selective serotonin reuptake inhibitor (SSRI) and selective norepinephrine/noradrenalin reuptake inhibitors (SNRI) classes should be used for maintenance and long-term therapy. Exceptions will be made on a case-by-case basis by submitting a prior authorization request to the Pharmacy Unit (fax 800-327-5541 or call 208-364-1829 between 8am to 5pm Monday through Friday).

Thank You,

MagellanRx
MANAGEMENT

